

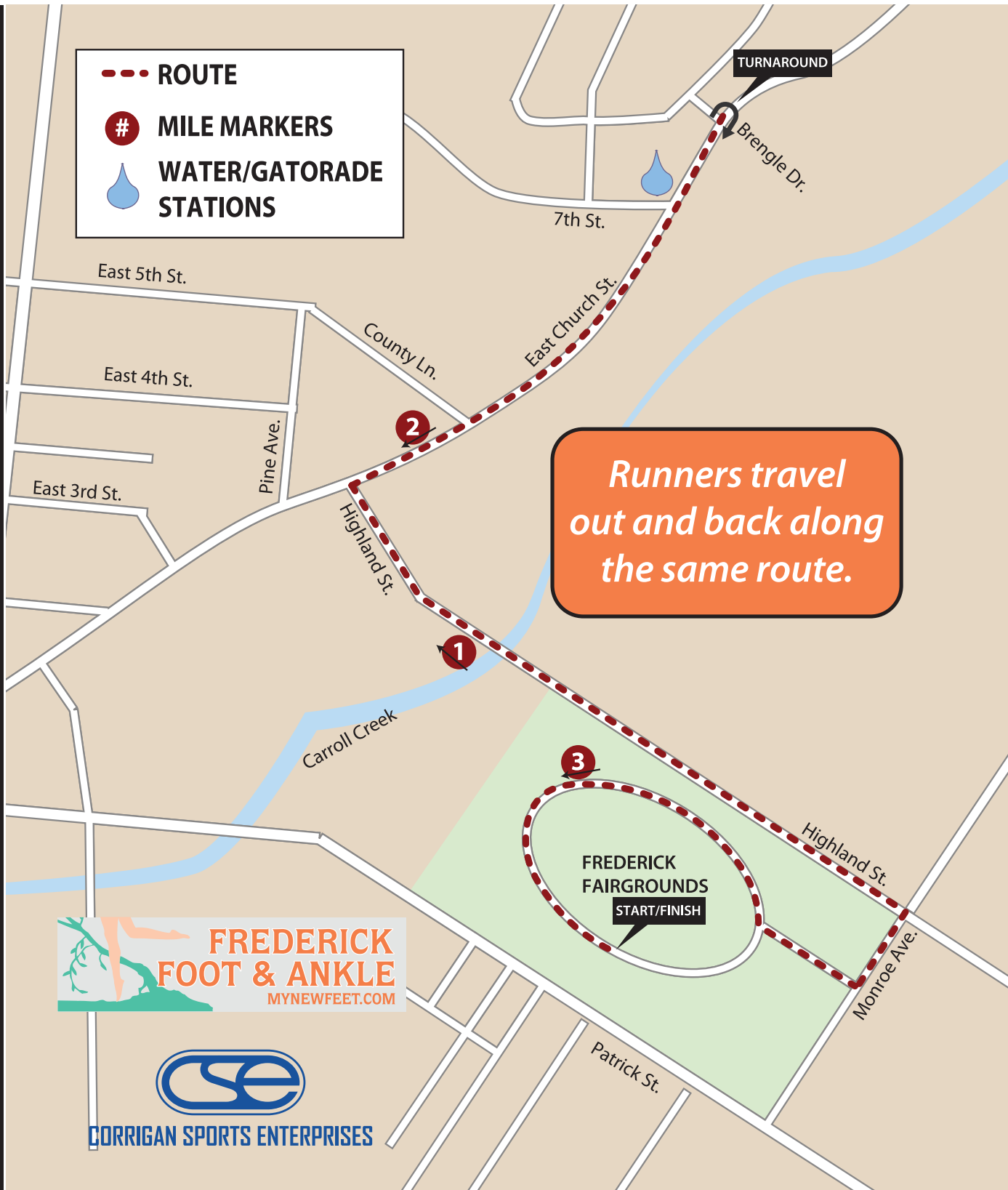


FREDERICK 5K COURSE

--- ROUTE

MILE MARKERS

WATER/GATORADE STATIONS



CORRIGAN SPORTS ENTERPRISES